



St. Veronica Catholic

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St. Veronica Families,

We are pleased to announce our first intramural sports program! Our goal is to get our children in grades K-3rd active and help inspire a spark of love for sports, hard work and help them achieve a sense of accomplishment!

The intramural sports program will emphasize the development of the children's skills socially, psychologically, and physically. We will foster a spirit of cooperation and friendly competition. The program will strive to enrich all of our students physically and socially by developing practices of good sportsmanship, teamwork, encouraging participation and building self-esteem. Most of all the students will have fun!

All children, regardless of abilities, have an equal opportunity to participate in our sports program. All necessary equipment will be supplied by the program.

In the process of showing the kids the basics and fundamentals of each sport, we hope to also educate and empower any parent that may be interested in coaching! Playing with mom or dad is a young person's delight!

Our first session will be baseball basics. Fundamentals and fun for our beginners. Pitching and higher baseball IQ for our advanced players. Tons of wiffle ball action!

The baseball session will be held at Avalon Park or Alta Loma baseball field starting September 18, 2023 and running through October 30, 2023.

Mondays Only. 3pm-4pm for Kinder & 1st
 4:15pm-5:15pm for 2nd & 3rd

The cost of the 6 week program is \$60.00 per child. Payment should be made payable to Saint Veronica's Men's Club. Registration due September 9th, 2023.

We will need volunteers to help out. Time commitment is one hour a week and hours will count towards your service hours. Please reach out with any questions or interest in volunteering to mensclub@saintveronicassf.org

Please use this [FORM](#) to register.